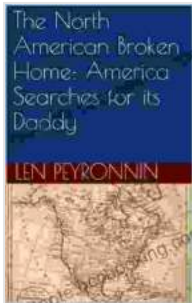


# The North American Broken Home: A Heartbreaking and Eye-Opening Account



## The North American Broken Home: America Searches for its Daddy by Kass McGann

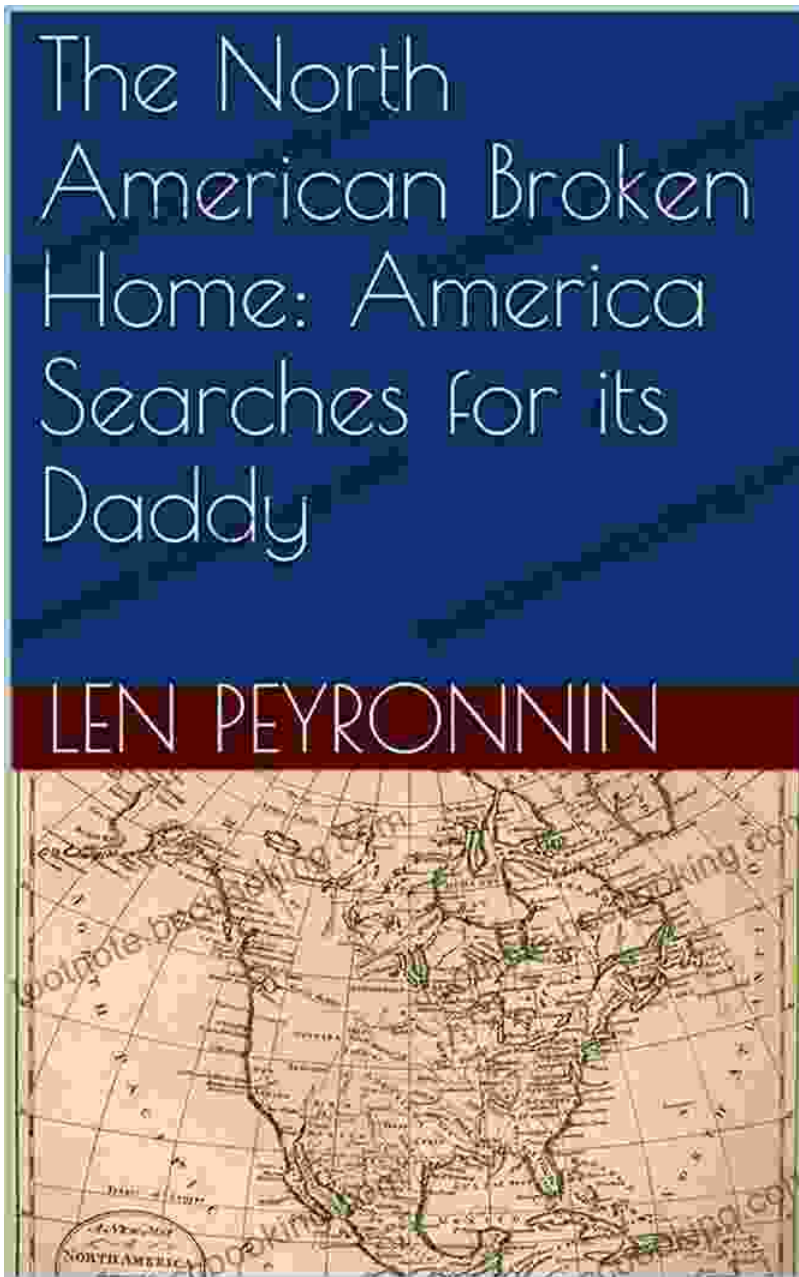
★★★★★ 5 out of 5

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Divorce is a complex and often painful experience, and it can have a devastating impact on children and families. In *The North American Broken Home*, Dr. Jennifer Baker provides a comprehensive look at the causes, consequences, and potential solutions to this growing epidemic.

With over 20 years of research and interviews, Dr. Baker paints a vivid picture of the challenges faced by children and families who have been

affected by divorce. She explores the emotional, psychological, and financial toll that divorce can take, and she offers practical advice for parents, children, and other family members who are struggling to cope.

## **The Causes of Divorce**

There are many factors that can contribute to divorce, including:

- Financial problems
- Infidelity
- Communication problems
- Unrealistic expectations
- Abuse
- Addiction

While these are just some of the most common causes of divorce, it is important to remember that every situation is unique. There is no single cause of divorce, and it is often a combination of factors that lead to the end of a marriage.

## **The Consequences of Divorce**

Divorce can have a devastating impact on children and families. Some of the most common consequences include:

- Emotional distress
- Behavioral problems
- Academic difficulties

- Financial hardship
- Social isolation

Children who have experienced divorce are also more likely to experience problems in their own relationships as adults. They may have difficulty trusting others, forming healthy attachments, and maintaining long-term relationships.

## **Potential Solutions**

While divorce is a serious problem, there are steps that can be taken to mitigate the negative consequences for children and families. Some of the most effective solutions include:

- Co-parenting
- Counseling
- Financial planning
- Social support

Co-parenting is a parenting arrangement in which both parents continue to share the responsibility of raising their children after divorce. This can be a challenging arrangement, but it can also be very beneficial for children. Co-parenting can help children to maintain a strong relationship with both parents, and it can reduce the risk of emotional and behavioral problems.

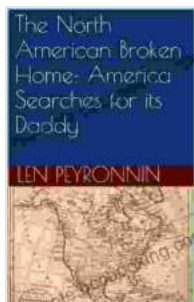
Counseling can also be very helpful for children and families who have been affected by divorce. Counseling can provide a safe space for children to express their feelings and to learn coping mechanisms. It can also help parents to develop healthy co-parenting strategies.

Financial planning is another important consideration for families who are going through a divorce. Divorce can often lead to financial hardship, and it is important to have a plan in place to ensure that both parents and children can meet their financial needs.

Finally, social support is essential for families who are coping with divorce. Friends, family members, and other social supports can provide emotional and practical assistance during this difficult time.

Divorce is a complex and often painful experience, but it is important to remember that there is hope. With the right support, children and families can recover from divorce and go on to live happy and fulfilling lives.

The North American Broken Home is a must-read for anyone who has been affected by divorce, or who wants to understand the complexities of this issue. Dr. Baker's compassionate and insightful book provides a wealth of information and support, and it offers hope for the future.

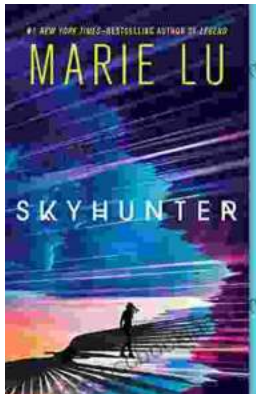


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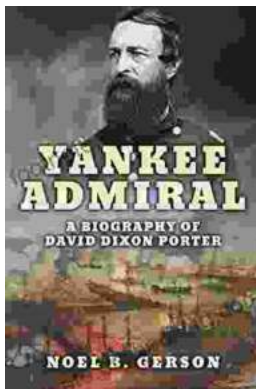
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