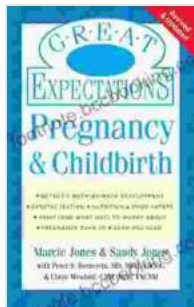


Great Expectations: Pregnancy, Childbirth, and Sandy Jones



Great Expectations: Pregnancy & Childbirth by Sandy Jones

★★★★☆ 4.3 out of 5

Language	: English
File size	: 4014 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 464 pages
Screen Reader	: Supported



Congratulations! You're pregnant! This is an exciting time, but it can also be a time of uncertainty and anxiety. That's why we're here to help.

Great Expectations: Pregnancy, Childbirth, and Sandy Jones is a comprehensive guide to pregnancy and childbirth, written by experienced midwife Sandy Jones. This book covers everything from conception to postpartum recovery, with a focus on providing practical advice and support to expectant parents.

In this book, you'll learn about:

- The physical and emotional changes of pregnancy
- The different stages of labor and delivery
- Pain management options

- Cesarean birth
- Postpartum recovery
- Breastfeeding
- Caring for your newborn

Great Expectations is also filled with personal stories from Sandy Jones and other parents, which provide a valuable perspective on the journey of pregnancy and childbirth.

If you're pregnant, or planning to become pregnant, this book is a must-read. It will provide you with the knowledge and confidence you need to have a safe and healthy pregnancy and childbirth.

About the Author

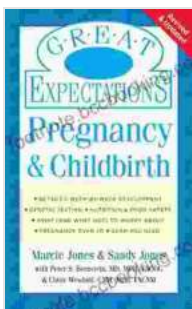
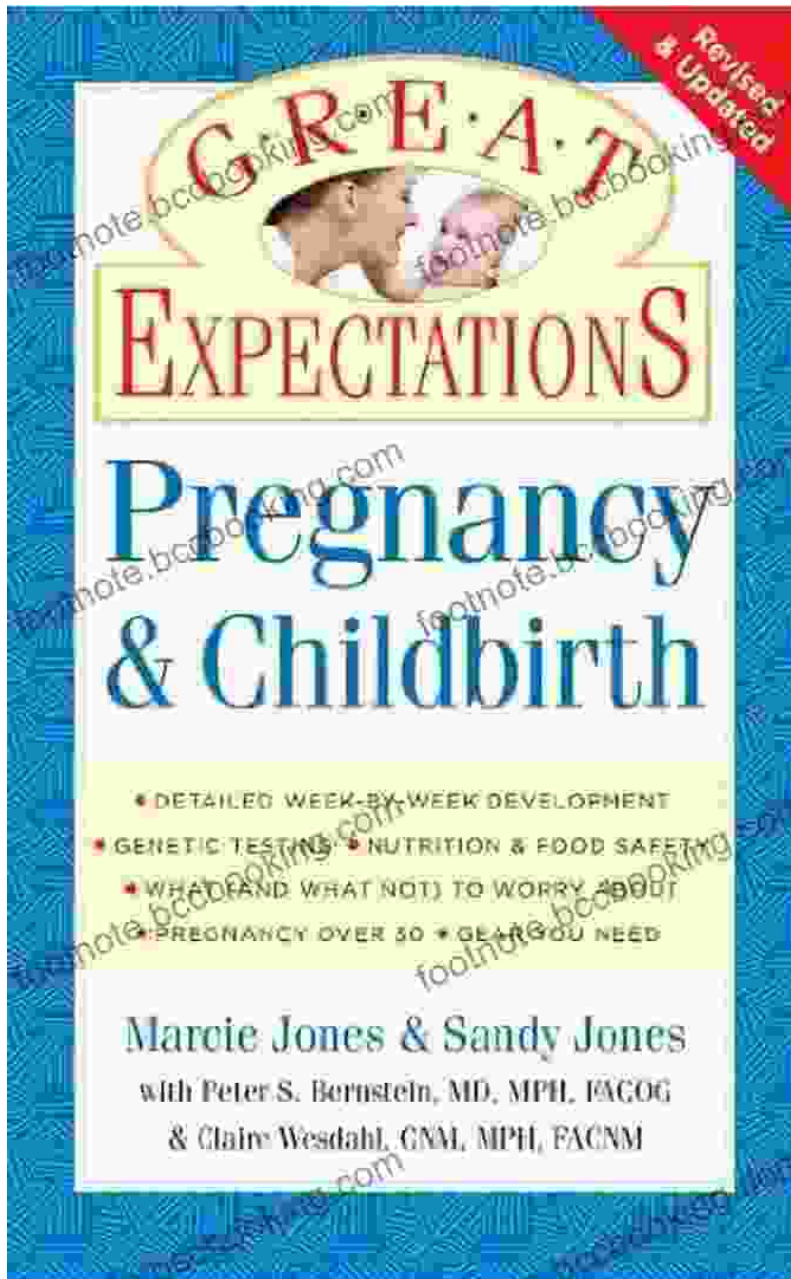
Sandy Jones is a registered midwife with over 20 years of experience. She has helped thousands of women through pregnancy and childbirth, and is passionate about providing evidence-based care to her patients.

Sandy is also a certified childbirth educator and lactation consultant. She is a member of the American College of Nurse-Midwives and the International Childbirth Education Association.

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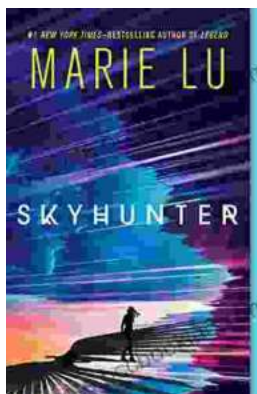
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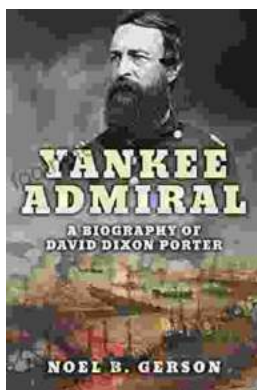
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